

Peachtree Road Lutheran Preschool
Breakfast/Snack Menu - September 2019

2 LABOR DAY NO SCHOOL	3 Blueberry oatmeal	4 Scrambled eggs, ham and toast	5 Ham and cheese sandwich	6 Scrambled eggs, and toast
	Gogurt Tortilla chips	Apple sauce Animal crackers	Fruit juice Veggie straw	Humus and pitta bread
9 Scrambled eggs and toast	10 Cheddar cheese grits Sausage	11 Strawberry oatmeal	12 Scrambled eggs, ham and toast	13 Guava pancake Fruit jelly
Fruit juice Veggie straw	Corn chips Strawberry banana smoothie	Fruit pouches String cheese	Strawberry drinkable yogurt Multigrain crackers	Animal crackers Apple sauce
16 Cheddar cheese grits Sausage	17 Yogurt and nut free granola	18 Scrambled eggs and Toast	19 Ham and cheese sandwich	20 Scrambled eggs and toast
Banana smoothie Nature's path biscuits	Hummus and pitta bread	Fruit juice Ham and cheese sandwich	String cheese Rice and veggie crisps	Apple sauce Annie's Bunny grahams
23 Scrambled eggs, ham and toast	24 Banana Pancake Berry jelly	25 Mixed berries oatmeal	26 Scrambled eggs and toast	27 Parmesan Grits Pork sausage crumble
Strawberry drinkable yogurt Corn chips	Fruit juice Veggie straw	String cheese Animal crackers	Gogurt Annie's cheese puff	Fruit and vegetables pouch Multigrain chips
30 Ham and cheese sandwich				

- Organic fresh fruit is served in every meal
- Kids with special diets will be served a different meal to fit their needs.
- Menu might change according to availability of items
- For questions and comments please contact me at chefrogerio@live.com

By Executive Chef Rogerio Martins