

Peachtree Road Lutheran Preschool
Breakfast/Snack Menu - January 2019

	1 New Year's day No School	2 No School	3 Cinnamon oatmeal	4 Cheese toast
			Cottage cheese and strawberry compote Crackers	Hummus and chips
7 Ham and cheese sandwich	8 Strawberry oatmeal	9 Scrambled eggs and toast	10 Pumpkin pancakes Fruit Jelly	11 Scrambled eggs and toast
Fruit juice Veggie straw	Corn chips Strawberry banana smoothie	Fruit pouches String cheese	Guacamole Corn chips	Animal crackers Apple sauce
14 Cheddar cheese grits Sausage	15 Banana pancakes Guava Syrup	16 Scrambled eggs and Toast	17 Yogurt and granola	18 Cheese toast
Mango smoothie Animal crackers	Hummus and pitta bread	Fruit juice Ham and cheese sandwich	String cheese Brazilian cheese rolls	Apple sauce Crackers
21 MLK DAY No School	22 Parmesan Grits Turkey sausage	23 Ham and cheese sandwich	24 Scrambled eggs and toast	25 Pumpkin pancake
	Fruit juice Veggie straw	String cheese Crackers	Fruit and vegetables pouch Crackers	Cottage cheese and strawberry compote Crackers
28 Scrambled eggs and toast	29 Strawberry oatmeal	30 Ham and cheese sandwich	31 Scrambled eggs and toast	
Fruit pouches String cheese	Mango smoothie Animal crackers	Gogurt Cracker	Guacamole Corn chips	

- Organic fresh fruit is served in every meal
- Kids with special diets will be served a different meal to fit their needs.
- Menu might change according to availability of items
- For questions and comments please contact me at chefrogerio@live.com

By Executive Chef Rogerio Martins