

Peachtree Road Lutheran Preschool
Lunch Menu - December 2018

3 Salmon Basmati rice Broccoli	4 Bratwurst Mashed potatoes Mixed vegetables	5 Chicken breast Quinoa pilaf with turmeric and saffron	6 Turmeric turkey breast Wild rice Corn on the cobb	7 Spaghetti Meat sauce Green beans
10 Penne alfredo with chicken breast Broccoli	11 Pulled pork Parmesan cheese stone ground grits Green beans	12 Tomato Basil soup Grilled cheese and butternut squash sandwich	13 Beef and lamb Meatloaf Broccoli Basmati rice	14 Chicken breast Veggie muffin Quinoa
17 Chicken Penne pasta with pesto Broccoli	18 Broccoli and cheddar Soup Brazilian rolls	19 Grass fed beef and quinoa hamburger Lettuce, tomato, cheese	20 CHRISTMAS BREAK NO SCHOOL	21 CHRISTMAS BREAK NO SCHOOL
24 CHRISTMAS BREAK NO SCHOOL	25 CHRISTMAS BREAK NO SCHOOL	26 CHRISTMAS BREAK NO SCHOOL	27 CHRISTMAS BREAK NO SCHOOL	28 CHRISTMAS BREAK NO SCHOOL
31 CHRISTMAS BREAK NO SCHOOL				

- Organic fresh fruit is served in every meal
- Kids with special diets will be served a different meal to fit their needs.
- Menu might change according to availability of items
- For questions and comments please contact me at chefrogerio@live.com

By Executive Chef Rogerio Martins