

Peachtree Road Lutheran Preschool
Breakfast/Snack Menu - December 2018

3 Strawberry oatmeal	4 Parmesan grits Sausage	5 Ham and cheese sandwich	6 Scrambled eggs and toast	7 Cheese toast
Animal crackers Fruit smoothie	Fruit and vegetables pouches Crackers	Gogurt Hummus and chips	Cottage cheese and strawberry compote Crackers	String cheese Brazilian cheese rolls
10 Ham and cheese sandwich	11 Cinnamon oatmeal	12 Scrambled eggs and toast	13 Pumpkin pancakes Fruit Jelly	14 Scrambled eggs and toast
Fruit juice Veggie straw	Corn chips Strawberry banana smoothie	Fruit pouches String cheese	Guacamole Corn chips	Animal crackers Apple sauce
17 Scrambled eggs and Toast	18 Banana pancakes Guava Syrup	19 Cheddar cheese grits Sausage	20 CHISTMAS BREAK NO SCHOOL	21 CHISTMAS BREAK NO SCHOOL
Mango smoothie Animal crackers	Hummus and pitta bread	Fruit juice Ham and cheese sandwich		
24 CHISTMAS BREAK NO SCHOOL	25 CHISTMAS BREAK NO SCHOOL	26 CHISTMAS BREAK NO SCHOOL	27 CHISTMAS BREAK NO SCHOOL	28 CHISTMAS BREAK NO SCHOOL
31 CHISTMAS BREAK NO SCHOOL				

- Organic fresh fruit is served in every meal
- Kids with special diets will be served a different meal to fit their needs.
- Menu might change according to availability of items
- For questions and comments please contact me at chefrogerio@live.com

By Executive Chef Rogerio Martins