

Peachtree Road Lutheran Preschool  
Lunch Menu - April 2019

1 Spring Break	2 Spring Break	3 Spring Break	4 Spring Break	5 Spring Break
8 Bratwurst Basmati rice Green peas	9 Chicken breast Carrots Quinoa	10 Beef tacos Sour cream Black beans Pico de gallo	11 Pork Tenderloin Parmesan cheese stone ground grits Broccoli	12 Beef and lamb Meatloaf Basmati rice Green Beans
15 Beef and vegetables fried rice Spring rolls	16 Turkey breast Spaghetti Green peas	17 Salmon Mashed potatoes Sweet corn	18 Chicken breast Brown rice Green beans	19 Good Friday No School
22 Chicken quesadilla Sour cream Black beans	23 Beef and beans chili Cheddar cheese Sour cream	24 Chicken Penne pasta with pesto Broccoli	25 Tilapia Quinoa Mixed vegetables	26 Meat lasagna Sweet peas
29 Turmeric turkey breast Wild rice Corn on the cobb	30 Spaghetti Meat sauce Broccoli	27 Pork tenderloin Mashed sweet potatoes Green peas	28 Chicken stroganoff Basmati rice Sweet corn	29 Chicken breast Quinoa vegetables pilaf

- Organic fresh fruit is served in every meal
- Kids with special diets will be served a different meal to fit their needs.
- Menu might change according to availability of items
- For questions and comments please contact me at [chefrogerio@live.com](mailto:chefrogerio@live.com)

By Executive Chef Rogerio Martins