

Peachtree Road Lutheran Preschool  
Lunch Menu - May 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Roasted Turkey breast Quinoa Spinach and kale	1 Baked Ziti with chicken Carrots	2 Herbed tilapia Black rice Sweet peas	3 Chicken salad Basmati rice Mixed vegetables	4 Chicken tacos Guacamole Sour cream Pico de Gallo
7 Sausage Brown rice Sweet peas	8 Chicken breast Mashed sweet potatoes/carrots Green beans	9 Pulled pork Quinoa with peas and carrots	10 Chicken Orzo with pesto Broccoli	11 Beef and beans chili Sour cream Corn chips
14 Chicken quesadilla Refried beans Sour cream Salad	15 Beef fried rice Asian vegetables Dumplings	16 Chicken stroganoff Basmati rice Green beans	17 Cookout Burgers and hotdogs	18 Roasted Turkey breast Quinoa Carrots
21 Chicken Penne with marinara sauce Green beans	22 Lamb and beef meatloaf Broccoli Mixed vegetables	23 Parmesan cheese pork tenderloin Sweet potatoes Sweet peas	24 Meat lasagna	25 Cookout Burgers and hotdogs End of school year celebration
28 Memorial day No school	29 Teacher work day No School	30 Teacher work day No School	31 Teacher work day No School	

- Organic fresh fruit is served in every meal
- Kids with special diets will be served a different meal to fit their needs.
- Menu might change according to availability of items
- For questions and comments please contact me at [chefrogerio@live.com](mailto:chefrogerio@live.com)

By Executive Chef Rogerio Martins