

Peachtree Road Lutheran Preschool
Lunch Menu - March 2018

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| | | | 1 Spaghetti Meat sauce Broccoli | 2 BBQ chicken Mashed Potatoes Mixed vegetables |
| 5 Sausage Basmati rice Sweet peas | 6 Chicken breast Couscous Mixed vegetables | 7 Beef and beans chili Sour cream Corn chips Salad | 8 Chicken Orzo with pesto Broccoli | 9 Pulled pork Quinoa with peas and carrots |
| 12 Chicken quesadilla Refried beans Sour cream Salad | 13 Beef fried rice Asian vegetables Dumplings | 14 Chicken stroganoff Basmati rice Green beans | 15 Salmon Mashed potatoes Salad | 16 Roasted Turkey breast Quinoa Carrots |
| 19 Chicken Couscous Green beans | 20 Meatloaf Broccoli Basmati rice | 21 Parmesan cheese pork loin Sweet potatoes Sweet peas | 22 Chicken breast Fettuccini with alfredo sauce broccoli | 23 Chicken, rice noodles and vegetable soup Pita bread |
| 26 Roasted Turkey breast Quinoa Spinach and kale | 27 Herbed tilapia Black rice Green beans | 28 Chicken Salad Basmati rice Mixed vegetables | 29 Meat lasagna Mixed vegetables | 30 Good Friday No School |

- Organic fresh fruit is served in every meal
- Kids with special diets will be served a different meal to fit their needs.
- Menu might change according to availability of items
- For questions and comments please contact me at chefrogerio@live.com

By Executive Chef Rogerio Martins