

Peachtree Road Lutheran Preschool
Lunch Menu - January 2018

1 New Year Day No School	2 Chicken Breast Basmati rice Mixed veggies	3 Parmesan cheese pork loin Mashed potatoes Broccoli	4 Baked ziti with chicken and peas	5 Tomato basil soup Grilled cheese sandwich
8 Beef fried rice Asian vegetables	9 Chicken breast Turmeric rice Peas	10 Beef and beans chili Corn chips	11 Meat Lasagna Broccoli	12 Baked rice with chicken and vegetables
15 MLK No School	16 Beef Shepherd's pie With mixed vegetables	17 Chicken stroganoff Basmati rice Green beans	18 Salmon Mashed potatoes Peas	19 Corn chowder Grilled cheese sandwich
22 Parmesan cheese pork loin Sweet potatoes Sweet peas	23 Beef fried rice Asian vegetables	24 Herbed tilapia Couscous with carrots Garden salad	25 Chicken tacos Guacamole, sour cream Black beans	26 BBQ pulled pork Quinoa with peas
29 Penne Alfredo with chicken Mixed vegetables	30 Tomato basil soup Grilled cheese sandwich	31 Chicken breast Basmati rice Green beans		

- Organic fresh fruit is served in every meal
- Kids with special diets will be served a different meal to fit their needs.
- Menu might change according to availability of items
- For questions and comments please contact me at chefrogerio@live.com

By Executive Chef Rogerio Martins