

Peachtree Road Lutheran Preschool

Breakfast/ Snack Menu - January 2018

1	2	3	4	5
New Year Day No School	Cinnamon oatmeal	Parmesan cheese grits Turkey sausage	Ham and cheese sandwich	Banana Pancakes Strawberry jelly
8	Apple sauce Milton GF crackers	String cheese Multigrain cracker	Sweet potatoes chips Tropical smoothie	Veggie straw Raisins
Cheddar cheese Grits Pork sausage	9 Cheese toast	10 Scrambled eggs and toast	11 Sweet potato pancakes fruit compote	12 Cinnamon oatmeal
Gogurt Crackers	Fruit juice Animal crackers	Blueberry smoothie Milton's GF crackers	Veggie straw Yogurt and granola	Hummus and multigrain crackers
15 MILK No school	16 Oatmeal with raisins	17 Cheddar cheese grits Sausage	18 Scrambled eggs Toast	19 Ham and cheese sandwich
22	Multigrain crackers Strawberry-banana smoothie	Fruit juice Ham and cheese sandwich	String cheese Brazilian cheese rolls	Apple sauce Pumpkin bread
Oatmeal with raisins	23 Ham and cheese sandwich	24 Sweet potato pancake Strawberry compote	25 Cheddar cheese grits Turkey bacon	26 Scrambled eggs Toast
Mango smoothie Animal crackers	Fruit juice Veggie straw	Blueberry smoothie Corn chips	Veggie straw Yogurt and granola	Hummus and pita bread
29 Cheese toast	30 Banana pancake Blueberry Jelly	31 Cinnamon Oatmeal		
Tropical smoothie Crackers	Gogurt Raisins	Ham and cheese sandwich juice		

- Organic fresh fruit is served in every meal
- Kids with special diets will be served a different meal to fit their needs.
- Menu might change according to availability of items
- For questions and comments please contact me at chefrogerio@live.com

By Executive Chef Rogerio Martins