

Peachtree Road Lutheran Preschool
Breakfast/Snack Menu - July 2017

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|--|--|---------------------------------------|--|-----------------------------------|
| 3 Yogurt Granola | 4 Independence day | 5 Banana pancakes Fruit compote | 6 Ham and cheese sandwich | 7 Honey nut cereal |
| Apple sauce Veggie straw | Blueberry smoothie Animal crackers | String cheese Multigrain cracker | Animal snacks Strawberry-banana smoothie | Gogurt Raisins |
| 10 Parmesan cheese grits Turkey sausage, Toast | 11 Cheese toast | 12 Scrambled eggs Toast | 13 Sweet potato pancakes fruit compote | 14 Cinnamon oatmeal |
| String cheese Multigrain cracker | Ham-cheese sandwich Fruit juice | Blueberry smoothie Animal crackers | Veggie straw Yogurt and granola | Hummus and multigrain crackers |
| 17 Banana pancakes Blueberry compote | 18 Yogurt Granola | 19 Oatmeal with raisins | 20 Scrambled eggs Toast | 21 Ham and cheese sandwich |
| Gogurt Raisins | Multigrain crackers Strawberry-banana smoothie | Fruit juice Milton's GF crackers | String cheese Multigrain cracker | Apple sauce Muffin |
| 24 Cheese toast | 25 Yogurt Granola | 26 Teacher work day | 27 Teacher work day | 28 Teacher work day |
| Mango smoothie Animal crackers | Fruit juice Milton's GF crackers | | | |
| 31 Parmesan Grits Bacon | | | | |
| Tropical smoothie Crackers | | | | |

- Organic fresh fruit is served in every meal
- Kids with special diets will be served a different meal to fit their needs.
- Menu might change according to availability of items
- For questions and comments please contact me at chefrogerio@live.com

By Executive Chef Rogerio Martins