

Peachtree Road Lutheran Preschool
Breakfast/Snack Menu - February 2017

		1 Cheddar cheese grits Turkey bacon	2 Ham and cheese sandwich	3 Banana pancakes Fruit compote
		Fruit juice Milton's GF crackers	Raisins Strawberry-banana smoothie	Apple sauce Veggie straw
6 Honey nut cereal	7 Cheese toast	8 Scrambled eggs Toast	9 Sweet potato pancakes fruit compote	10 Cinnamon oatmeal
String cheese Multigrain cracker	Fruit snack Fruit juice	Blueberry smoothie Animal crackers	Veggie straw Yogurt and granola	Hummus and multigrain crackers
13 Parmesan cheese grits Turkey sausage	14 Scrambled eggs toast	15 Banana pancakes Blueberry compote	16 Oatmeal with raisins	17 Ham and cheese biscuits
Gogurt Raisins	Multigrain crackers Strawberry-banana smoothie	Fruit juice Milton's GF crackers	String cheese Multigrain cracker	Apple sauce Carrot muffin
20 Parent conferences No school	21 Cereal	22 Ham and cheese sandwich	23 Scrambled eggs, turkey bacon and toast	24 Sweet potato pancakes Fruit compote
*Except for infants	Fruit snack Fruit juice	Mango smoothie Animal crackers	Veggie straw Yogurt and granola	Hummus and multigrain crackers
27 Apple-cinnamon oatmeal	28 Parmesan Grits Bacon			
Fruit juice String cheese	Tropical smoothie Crackers			

- Organic fresh fruit is served in every meal
- Kids with special diets will be served a different meal to fit their needs.
- Menu might change according to availability of items
- For questions and comments please contact me at chefrogerio@live.com

By Executive Chef Rogerio Martins